



## KOC Sports Medicine Outreach

Bearden High School's athletic trainer is provided by Knoxville Orthopaedic Clinic (KOC).

KOC values community involvement and has a long tradition of supporting student athletes. In 2003, KOC formalized that commitment by investing in a program that provides area high schools with full time athletic trainers. This Sports Medicine Outreach program allows coaches and students the benefit of having a certified athletic trainer available at the school, at practices, and on the sidelines of games.

Through this partnership, KOC has become an integral part of the team and culture of each of the participating schools.

The athletic trainers at each school work very closely with the physicians at KOC as well as the physical therapists at OrthoTennessee Therapy. This convenience, paired with the established relationships and the collaborative effort between the student athletes, parents, athletic trainer, physician, therapists and coaches, serves to help each athlete get back in the game as soon and as safely as possible.

For more information on Knoxville Orthopaedic Clinic including locations, phone numbers, and detailed information on services and scheduling please see the [KOC Information Sheet](#).



**Dr. Edwin E. Spencer, MD**  
Team Physician



**Dr. Spencer, MD & Nicole Medina**